

VIC Workout Club in the Gym on F09

Schedule 5-8 August 2025



Sign-up required for all sessions!
Visit the homepage www.vic-woc.com and click the link to sign up!



TIME	MONDAY 4TH	TUESDAY 5TH	WEDNESDAY 6TH	THURSDAY 7TH	FRIDAY 8TH
1200-1300		NEW GUEST TRAINER Yulia Pilates 	Wills 	Michael BODY SHAPING 	Rob Zumba 
1300-1400		NO CLASS		Agnes (1300-1345) Bodycombat 	Wills 
1700-1800			NO CLASS		

Pay for coupons by Bank Transfer: IBAN: AT55 1200 0100 4041 6512 - Bank Austria, The VIC Workout Club

Collect in class or from: Vincent B0802, Tin Ling A2508 or Johanna A1941

For further information visit: www.vic-woc.com